

La Vie Collegienne

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THIS WEEK IN LA VIE

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Men's Basketball wins big,
moving them to third place in the
Commonwealth Conference

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Synthetic marijuana banned on campus

NOELLE BARRETT '11
Co-EDITOR OF LA VIE ONLINE

On February 1, Greg Krikorian, vice president of student affairs, issued an email to students stating that the use and possession of K2 and other similar synthetic marijuana substances is banned from campus.

Synthetic marijuana is sold in local headshops and online and is marketed under brand names such as, "Spice," "Blaze," "K2" and "Red Dawn X." The products are labeled as incense and have been around since 2006.

Krikorian says incidents on campus and further research of K2 were both reasons behind the ban. "Ultimately there were two incidents involving three students where misuse [of K2] put their safety at risk."

On January 29, the Annville Township police arrived at Funkhouser Hall following a call about

a disturbance. Two LVC students, Jared Danneker '14 and Kevin Smith '13, both 19, were found lying on their backs in the snow and were taken by ambulance to Good Samaritan Hospital for treatment. The students admitted to smoking the herbal incense K2 and were released after treatment.

Prior to additions to the policy, incense was prohibited from campus for fire safety reasons. "There is no legitimate purpose [for allowing K2 on campus]. We don't allow incense on campus," says Krikorian.

Brian Boyer, Public Safety supervisor, says that forms of synthetic marijuana have been around for awhile. "K2 is a brand name [for synthetic marijuana]. In mid-to-end 2009 it began growing out of control." He added Salvia is similar and made to cause hallucinations, but has been around longer.

Besides hallucinations, some of the other dangerous side effects include confusion, nausea, a racing



Photo courtesy of blogs.pitch.com

heart and skyrocketing blood pressure. Boyer adds, "The biggest side effect is shortness of breath. [K2] causes the brain to start tripping." He adds that part of the dangers is the chemicals in the products.

Bob Caton, press secretary for Rep. Jennifer Mann (D-Lehigh), says in an email to *La Vie Collegienne*, "Synthetic marijuana is just random plant material treated with noxious chemicals...It's be-

ing marketed as 'incense' so even the people pushing it are trying to pretend they don't intend it for human consumption."

Krikorian says that as a private-institution, "[LVC] has an opportunity to take action not regulated by the state," by banning synthetic marijuana.

LVC administration is not alone in taking a stance against

See **K2** | Page 2

LVC sees spike in applications

JAKE KING '11
LA VIE STAFF WRITER

By Jan. 27, 2010, Lebanon Valley College had received 2,378 applications to enroll for the Fall 2010 semester. One year later, that number was up to 3,302, almost 1,000 higher than last year.

And apparently this spike in applications is nothing new. The economy may still be down, but national college enrollment is up, according to a Nov. 18 article by *New York Times* education writer

Jacques Steinberg. According to the article, early enrollment at many American colleges and universities has increased substantially, by as much as 15-30 percent in some cases.

And in Pennsylvania, there has been some additional evidence of this trend, as well. *The Villanovian*, Villanova University's student newspaper, noted in a Nov. 11 article that applicants to their Early Action program exceeded 7,000: a figure which is much higher than in previous years.

While LVC uses rolling admis-

sion and does not have an early action policy, it seems that more and more people are deciding to apply to college. With the effects of the 2008 recession still plaguing the economy, what are the potential reasons for this rise in applications and with this recent surge in application, what are the implications for LVC?

To begin, it's worth looking at the timeline of the enrollment process, as explained by William Brown, vice president of enrollment at LVC. According to Brown, applications begin to come in dur-

ing the fall of a student's senior year in high school. From the middle of September through Christmas, families visit the campus fairly steadily. The college admissions committee begins reviewing complete applications around mid-October, putting the most weight on the high school record—the courses an applicant took, and his/her grades. At the end of October, admission decisions are mailed out and continue as applications are received and reviewed. A student is either accepted, rejected or more

See **ENROLLMENT** | Page 3



NEWS

K2: "It's a dangerous product being marketed to young people"

Continued from Page 1

the use of synthetic marijuana. During the 2010 Legislation Session, Mann introduced House Bill 176, which would make it illegal in Pennsylvania to possess any product or substance that contains either Salvia Divinorum or synthetic marijuana.

The bill passed the House in a 198-1 vote, but was not voted on in the Senate due to time constraints.

Caton says progress is being made, as the bill is being re-introduced. "Dozens of state Representatives from both parties have already signed on as co-sponsors to the bill... This session, Sen. Pat Browne of Lehigh County is sponsoring companion legislation in the Senate."

According to Caton, 17 states currently ban synthetic marijuana.

In a news release on February 7, Mann says, "Recently the federal Drug Enforcement Agency called for a temporary ban on the component of chemicals used to create synthetic marijuana so a study could be conducted on the drug's effect." She adds that until the product of synthetic marijuana itself is legal, producers will

continue to change what is in the product in order to continue production and selling.

Students had mixed reactions after receiving the email from Krikorian.

Keith Novak '11, secretary of the NORML (National Organization for the Reformation of Marijuana Laws) Chapter at LVC, says, "I'm not for or against the ban. I just want [students] to be educated, be safe and be informed." Novak added that there should have been more information provided to students.

Violet Witter '12, says, "I think LVC has the right to ban K2 on LVC's actual grounds, only because it is a synthetic version of an already currently illegal substance in the state."

Another student, who wished to remain anonymous, says, "I've tried K2 and all I got was a typical high. If used properly, I do not feel it is dangerous. I think we should be able to make our own decisions."

"There are hospitals like Good Samaritan in Lebanon that are seeing a case every day of young people having a severe negative

reaction to synthetic marijuana," says Caton.

He says there is such a push for synthetic marijuana to be made illegal because "right now a 20-year-old college student couldn't walk into a six-pack store and buy beer. Right now a 17-year-old high school student couldn't walk into a convenience store and buy cigarettes. Right now anyone of any age could walk into a smoke shop or go online and buy Spice or K2. It's a dangerous product being marketed to young people and it's resulting in young people being rushed to the hospital, getting into car accidents and untold other problems."

If you or someone you know needs medical help after using synthetic marijuana, both Krikorian and Boyer emphasize the importance of seeking medical attention.

The topic of synthetic marijuana will be discussed at an upcoming NORML meeting. NORML meets on Wednesdays at 10 p.m. in Chapel 117.

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CAMPUS
CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

1-25-11 | Campus*Alcohol Violation*

Student possessed alcohol (Four Loko) in his room.

1-29-11 | Campus*Disturbance*

An officer was assigned to a noise complaint.

1-30-11 | Campus*Disturbance*

There was a disturbance between a male and female student.

1-31-11 | Campus*Harassment*

A call reporting harassing text messages was received.

2-5-11 | Campus*Disturbance*

A male student refused to leave after a request.

Please report any suspicious activity to Public Safety at x6111.

LVC hosts Pink Game**NATOSHA KREAMER '13**

STAFF WRITER

Looking for something fun to do Wednesday night? How about if you knew it was for a great cause?

The women's basketball team is yet again sporting those pink jerseys for breast cancer awareness. That's right, it's LVC's fourth-annual Pink Game, being held this Wednesday, Feb. 9 starting at 6 p.m. The ladies will face their rival, Messiah in an exciting basketball battle.

If you're not familiar with the Pink Game, that's even better. The Pink Game has a lot to offer not only for the fans but the people affected with breast cancer, too. The women's basketball team has raised thousands from this game in the past and have every intention of doing it again this year. But how do they do it?

The basketball team, local businesses, and the Colleges Against Cancer club all help to make everything happen. Raffles, donations, contest, and sales will make the profit for this great cause. Oh, and was it mentioned that you could win a car?

Want to get in on the action? Need to win that Chevy Cobalt? Come join the team at their fourth-annual pink game and make sure you make a donation while you're there. Every little bit helps their cause. And if you're wondering what happens to those pink jerseys after the game, they are held in a silent auction with the proceeds going to the cause, too. What a great way to make a great impact in our community. The ladies hope to see you there!

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**Corrections
& Clarifications**

It is our continuing goal to provide readers with complete and accurate information. To that end, we welcome and encourage notification of any mistakes. Readers who wish to submit corrections should send an email to lavie@lvc.edu, subject line: *Corrections*.

Women's Center opens

Photo by Sarah Frank '14 / LA VIE

RESOURCE CENTER REALIZED Mary Auker '10, Teddy Hermes '12 and Dr. Cathy Romagnolo celebrate the opening of the Women's Services and Gender Resource Center with a ribbon cutting on Thursday, Feb. 3

NEWS

ENROLLMENT: Although number of apps has increased, percentage of enrollment may not

Continued from Page 1

information is requested in order to make a decision. If a student is offered admission, he/she must decide whether or not to enroll by May 1.

There are, however, many variables involved in this process. Not all accepted applicants, for example, will ultimately enroll, and so the college uses a detailed enrollment model to help aid in decision-making. The ultimate goal of this model is to eventually reach the college's capacity of 1,700 full-time undergraduate students by opening the fall semester with a progressively larger number of students. The goal for the Fall 2011 semester, for example, is 1,611 full-time undergraduate students at the end of the add/drop period, with 500 new students (freshmen and transfer) entering as part of that figure. With the construction of Stanson Hall,

Brown says that the college can finally reach the 1,700-student capacity it has been striving toward.

The other factor which plays heavily into this enrollment model is retention rate. The college maintains a goal of retaining 88 percent of an incoming cohort of students (entering freshman year and then going from freshman to sophomore year).

"A lot of colleges put so much emphasis on the new students coming in that they forget about the students that are already there, to their detriment," says Brown.

As for the actual rise in applications for this year, Brown says that the college's most recent marketing efforts have certainly helped to improve its visibility. The launch of the redesigned website with features geared toward prospective students was a step in the right direc-

tion, and the re-design of promotional brochures have also helped in reaching out to high school students. Pieces that go directly to parents have also helped to foster what Brown calls a "team approach" to enrollment by also incorporating the family. Since the marketing has been implemented, the college has seen about a 6 percent increase in the number of interested students (those who request information on enrollment from the college) who become applicants.

However, although the number of applications has increased, Brown still says he doesn't expect the college will make its typical mark of enrolling 30 percent of the students it accepts. The reasons spring from two main points. The first is though the stock market has improved over the past few years, the job market is still struggling to

regain momentum, and so more students are deciding to go to college who might otherwise look for a job right out of high school. The second is that over the past few years and continuing on to 2015-16, there has been a slow decline in the number of high school graduates, and as a result, the total number of students applying to college on the whole has decreased.

"A lot of colleges are experiencing an increase in applications. There aren't as many people out there to apply, but [colleges] are getting more applications; that can only mean one thing, people are applying to more colleges," Brown says.

There are more applications hitting colleges, but it seems as it is only a result of students putting more applications out to more schools. And so while there is an

illusion of more activity, there is a smaller pool of prospective students to choose from and that pool is more widely spread over the state's colleges. In the end, the "yield" of individual institutions goes down.

Regardless of these trends, however, Brown says that the underlying question in determining admission will always remain the same, "Will this student be successful at LVC?" While it will take some time to determine what the final implications of this application spike will be, the college continues to aim at getting the students it feels have the greatest potential to excel at the institution.

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Startling Pennsylvania sex offender statistics

JON LEER '12

KAYLA FULFER '12

LA VIE STAFF WRITERS

10,492. This is the total number of registered sex offenders and sexually violent predators in Pennsylvania, according to the Pennsylvania Megan's Law website, www.pameganslaw.state.pa.us. To provide a reference point, this is just eight people shy of the listed capacity of the GIANT Center in Hershey.

Of these ten thousand-plus individuals, Lebanon County is currently home to 103 sex offenders and five sexually violent offenders. Six of these sex offenders live or work in the city of Annville.

These numbers can be very unnerving. Abby Tomlinson '12 says, "Hearing that there are 10,492 sex offenders in [Pennsylvania] seems somewhat disturbing. Also, the fact that 103 are currently living in Lebanon County is very unsettling because of the number of schools, both lower and high education, in the area."

College Comparison

But how does Lebanon Valley College compare to other schools in terms of the number of sex offenders registered within the county?

The Penn State University DuBois campus, as well as the Lock Haven University of Pennsylvania

Clearfield campus, share the abysmal honor of being located in the Pennsylvania county with the second highest ratio of sex offenders. Both of the campuses are located in Clearfield County in north-western Pennsylvania.

Clearfield County is home to 165 registered sex offenders. The 2009 federal government population estimates Clearfield has just over 82,000 residents. This means approximately one in just under every 500 residents in this county is a registered sex offender.

Delaware Valley College, in Bucks County, is one of several schools located in the county with the lowest ratio of sex offenders. Bucks County is home to 202 registered sex offenders. With an estimated 626,015 residents in 2009, one in every 3,099 people is a registered sex offender.

Sex Offender Statistics

The county in Pennsylvania with the highest ratio of sex offenders is Forest County. This county has 40 registered sex offenders. The number is comparatively small; however, Forest County is one of the least populated counties in the state. The 2009 government population estimates only put the population at 6,775. Meaning one in just under every 170 people is a registered sex offender.

Cameron County in northern Pennsylvania, with an estimated

5,100 residents, has the lowest number of sex offender residents: two. In Cameron County, one in 2,581 people is a registered sex offender.

Philadelphia County has the highest estimated population at over 1.5 million people. Subsequently, Philadelphia County has the most sex offenders residing in a city, at 1,709. Even with these numbers, Philadelphia County is only number 17 in the ratio of most sex offenders, with 1 in 905 people a sex offender.

The most staggering thing for most people is the sheer number of registered sex offenders around us every day, both at school and our hometowns.

Berks County is directly east of Lebanon County and has an estimated 407,000 residents. Berks County is also home to 241 sex offenders. Approximately one in 1,689 residents are a registered sex offender. This ranks 53rd highest out of 67 counties.

Cumberland County is about 25 miles west of Annville. Cumberland County, with a population of 232,000, is home to 267 sex offenders. One in every 870 residents are a registered sex offender, ranking 15th highest in the state. Emily Hopkins '12, from Cumberland County, says, "Personally, I think it's a rather disgusting statistic...I might second guess myself the next time I decide to walk home alone, or even go to

my car late at night."

Who Is Megan?

Megan's Law is a direct result of the tragic murder of seven-year-old Megan Kanka in July of 1994.

Court records indicate Kanka was lured into a neighbor's home in the Trenton, NJ suburb of Hamilton Township. All three men living in this home were previously convicted of sexual offenses, however Kanka's family was completely unaware.

Megan Kanka was lured into the home by Jesse Timmendequas under the ruse of seeing his new puppy. Once inside, Kanka was raped, beaten, suffocated and eventually strangled to death by Timmendequas. He placed her body in a toy chest and dumped it in a nearby park.

Timmendequas was later convicted and sentenced to death. He is currently incarcerated at New Jersey State prison in Trenton.

Megan's Law

Shortly after the tragic murder of Megan Kanka, New Jersey passed the first version of Megan's Law.

On a national level, the Sex Offender Act of 1994 (commonly known as the Jacob Wetterling Act) requires states to keep a registry of people convicted of sexual crimes or crimes against children. Megan's Law was then added to the original act in 1996 by President Bill Clinton. This amendment encouraged every state to create a policy for the release

of relevant information about convicted sex offenders.

In October of 1995, even before national legislation, then Pennsylvania Governor Tom Ridge signed Pennsylvania's "Megan's Law" into effect. Governor Ed Rendell signed an update of the original law on November of 2004; this update made all information about registered sex offenders available online.

PA Megan's Law tracks convicted sex offenders and sexually violent predators. Individuals are registered for either 10 years or for the remainder of their life, depending on the crime(s) committed.

All individuals in the PA Megan's Law registry are required to provide information on where they reside, work and/or attend a school. Detailed physical description, vehicle information, any aliases, as well as what offense they have been convicted of is also entered into the registry.

In the summer of 2010, the National Center for Missing & Exploited Children released one of the most recent reports on sex offenders in the United States. According to this report, there are now over several hundred thousand sex offenders in the United States.

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Features

Handicap accessibility task force

Is our campus suited for those with disabilities?

NICK THRAIKILL '14

LA VIE STAFF WRITER

Class of 2014 President Tito Valdes has recently been made chair of the Handicap Accessibility Task Force, a Student Government committee created to raise awareness of the accessibility issues that students with handicaps face around campus.

In regards to his new position, Valdes says, "I am all about this campus, but I feel that the campus is not as accessible as it should be. Living in the same dorm as someone with a handicap allows me to see the troubles they face even

though they may not complain."

As an example, Valdes explains that many of the traditional dorm buildings do not have elevators, which makes it very difficult for students with handicaps to visit their friends on higher floors of these dorms. Also, Valdes says that in order to get to the Arnold Sports Center, students with handicaps must drive or use other forms of transportation to get there because they may be unable to ascend and descend the stairs on both sides of the bridge across the train tracks. Valdes maintains that he thinks the campus is amazing, but that close observation of these accessibility issues "inspired me to become the

chair of a task force that addresses these issues."

Valdes wants to deal with handicap accessibility issues from three different perspectives: Student Affairs, Facilities and Disability Services. So far, Valdes has been working with the Director of Disability Services Dr. Yvonne Foster in order to raise awareness that not all disabilities are physically observable. As well, Valdes will continue to work with Facilities to ensure that the campus sidewalks will be accessible to all students during inclement weather. Valdes also wants to emphasize the Student Affairs aspect of this issue so that students with handicaps will not be placed

in inconvenient situations in their residential halls next semester. By working with Student Affairs, Facilities and Disability Services, Valdes wishes to achieve his goal of raising awareness of these issues and hopefully fix many of the problems that students face with accessibility on campus.

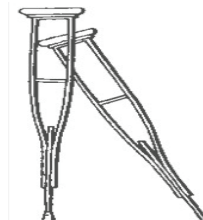
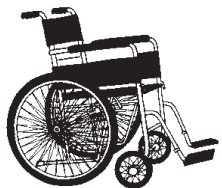
The Handicap Accessibility Task Force currently includes Valdes and five other members of Student Government. Any Student Government member who is interested in the issues that the task force is addressing may join, but Valdes says that all students can get involved by raising awareness of accessibility issues in order to convince the ad-

ministration that these issues need to be addressed.

"I'm not suggesting that the administration does not care," Valdes explains, "but there are still issues, and the student body can get involved by raising awareness of these issues."

"Not all students with disabilities will ask for assistance even if they need it," Valdes says. "As a college community, we shouldn't refrain from helping them just because they are not asking for help."

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Job Fair Tips

Why should you go to a career fair?

At Career Fairs, you can:

- Network with hiring managers and company representatives
- Learn about career opportunities and research prospective employers
- Hone your job hunting skills
- Possibly land an interview!

We can't stress enough the importance of being PREPARED! Here are some ways to help you stand out from other candidates:

1. Know your job interests and qualifications - Be able to sell your past experiences and qualifications. Prepare a solid 30-Second Commercial to feel confident when you approach a recruiter and make a strong first impression.

2. Have a well-written, error-free resume - Be sure to take plenty of copies, printed out

on quality resume paper. Have it reviewed by Career Services staff ahead of time.

3. Research organizations in advance of the fair - Most career fairs maintain a list on their website of companies who will be attending (www.cpec.info ; www.collegecentral/trd). Review these lists carefully and visit individual company websites for those you're interested in. Your research shows recruiters that you are genuinely interested in their company and helps you prepare knowledgeable questions to ask.

4. Plan ahead - Arrive early for the fair; take the time to study the floor plan, and come up with a strategy for proceeding. Be willing and able to stay as long as necessary. Dress professionally, and carry a portfolio to keep your resumes and other papers organized.

5. Ask questions, and listen carefully at the fair - Identify

employers' needs by listening, and then respond by matching your skills to those needs. Ask questions that will reinforce your interest in and knowledge of the company.

6. Follow-up with recruiters - Write follow-up notes as soon as possible expressing interest and further research findings. Include your resume.

For additional resources to help you prepare, browse the Career Services website (www.lvc.edu/career-services), read our blog and watch our Job Fair Prep webshop. You can find oodles of information at your fingertips! You can also meet with Career Advisors individually for help on your resume and 30-second commercial, or attend any of our workshops (advertised for each fair through JOB CENTER).

Provided by Career Services

Have a **passion** for writing? Looking for that *extra special* résumé booster? Want to share your **LOVE** experiences with *La Vie*? (ok maybe not that last part...)

La Vie is currently looking for new staff members. Join us on Monday evenings at 6 p.m. in the *La Vie* office, located in the lower level of Mund.



Questions?
Email us at
lavie@lvc.edu

Lebanon
**FAMILY
HEALTH**
Services

FREE STI TESTING!

1 in 5 individuals living with HIV do not know they are infected.

GET TESTED TODAY!

Lebanon Family Health Services will provide FREE STI (Sexually Transmitted Infection), including HIV, testing at Shroyer Health Center:

**Wednesday, Feb 16th
11:00 a.m. - 1:00 p.m.**

Private & Confidential
(Results are property of LFHS & not shared with LVC)

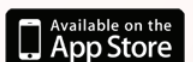
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www.lebanonfamilyhealth.org
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La Vie Collegienne... anywhere



La Vie Collegienne is now available on-the-go using **PaperBoy**, a newsreader app for iPhone, iPad and Android.



Arts & Entertainment

King of the commercials

The Green Bay Packers may have won the Super Bowl, but what advertisement was crowned champion in 2011? The following ads definitely caught our interest...

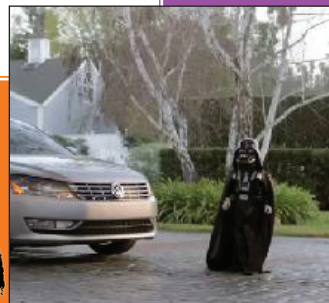
Not only does this pug get Doritos, he also shows he shouldn't be underestimated



Bridgestone tires aren't the only thing that helps everyone in this commercial survive



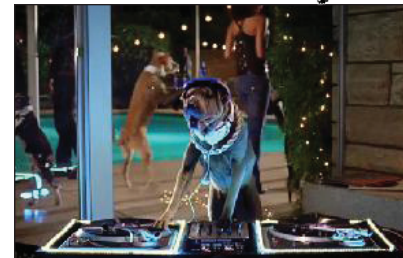
Dogsitting never has been so easy. Super-smart pups get this party goin' Bud Light style



The 2012 Volkswagen Beetle gets a makeover... and a sweet insect-race introduction



After countless attempts, this little Darth Vader finally finds the Force and starts a Volkswagen



Check out all the 2011 ads and relive past years at
● ● ● ● ● ● ● www.superbowlads.fanhouse.com

Gamer Zone

ANDREW VEIRTZ '12
LA VIE STAFF WRITER

Hello LVC! This is the first edition of *La Vie's* new column on everyone's favorite time waster: video games! This is the forum to talk about anything and everything video game related. Questions, comments, gripes, praises, complaints; all are welcome.

For now I'd like to start off with an issue that affects many college gamers: emulators and ROMs.

For those of you who don't know what emulators are, here's the quick rundown: An emulator is a program that is run on a computer that mimics a console. These are mostly older console systems like the Super Nintendo, the Sega Genesis, or the first Playstation.

The issue isn't really about the emulator programs themselves, as they are completely legal. The problem is the ROMs, as they are the virtual copies of the games that run on these systems. And as you can guess, in most cases it isn't exactly legal to have them, due to copyright laws.

Go ahead and Google the word ROMs. There are literally thousands of websites that offer hundreds of these ancient games up for free download. Want to play through the *Legend of Zelda* games you haven't played since you were six? They're there! What about *Sonic*? *Metroid*? *Castlevania*? It's a simple task to plunder them all.

That is, if you own the original game. These websites only offer these free games under this condition.

But who could ever resist such a treasure trove of free gaming euphoria, especially for us poor college students? Therein lies the problem: When you dangle free stuff in front of anyone's eyes, they can't resist taking it, even if it's not entirely legal to do so.

Whatever your morals tell you, emulators are a major source of video gaming goodness for college students. Considering that most of these games are no longer commercially available, it really isn't that big of a deal to video game companies. But for the record, it's still illegal, so don't do it!

For video game questions or to suggest possible column discussion topics, email Andrew at aov001@lvc.edu.

The Real Deal on Study Abroad 2011

Come talk to students who have been there and loved it!



Where: Faculty Dining Hall

When: February 16, 5 PM-7PM

Why: To talk to students who studied abroad and to receive information about what study abroad has to offer.

Raffle prizes and international desserts will be available!

Is it worth getting *Attached*?

Natalie Portman and Ashton Kutcher headline new flick

NATOSHA KREAMER '13
LA VIE STAFF WRITER

"I'm warning you, if you take one step closer, I'm never letting you go."

If you haven't had the chance to hear this outrageously romantic quote in context, you are truly missing out on one of this year's best movies.

No Strings Attached, starring Natalie Portman and Ashton Kutcher, is a simple yet complicated love story.

With two friends deciding to use each other strictly for sex and a woman that is terri-

fied of commitment, *No Strings Attached* can appeal to many audiences. And although it is typically viewed as a "chick flick," the genius mixing of Kutcher's goofiness and Portman's beauty leaves

to keep the whole theater interested. And while it's not recommend seeing this movie with parents or little nieces and nephews, it is a great movie option for a girls' night out or a Friday night date.



this comedic romance with more than just one of you loving the movie.

The ending does seem a little abrupt, but the plot line and comic relief of the movie are enough

No Strings Attached is rated R for sexual content, language and some drug material.

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PERSPECTIVES

Cute and cost-effective Valentine's Day

How to have a great time without breaking the budget



Let's face it. College is not the time in our lives where we are rolling in money. Valentine's Day is just another one of those silly holidays which is commercially promoted to "mean" something, and for many people, "meaning" something involves spending a lot of money. The sad truth is that whether commercialized and corny or not, your boyfriend/girlfriend completely ignoring Valentine's Day is a relationship disaster. It is important to remember that the point of this artificially romanticized holiday is to spend time with your significant other, have fun and show them that you care—NOT about how much money you spend. To help you out, here are some quick and easy ideas that are fun, show your appreciation and don't break the bank.

1. Instead of flowers, give your date a bouquet of red balloons with love notes inside.

2. Make a "box of memories"—write down specific favorite memories from your relationship on little slips of paper and put them in a box. Then tie a red ribbon around the box and seal it with a kiss!

3. Buy a cheap picture frame that is cute or that you can decorate yourself and put a picture of the two of you in.

4. Write a love letter expressing your appreciation and love. Let him or her know exactly what it is that you love about them.

5. Give your boyfriend/girlfriend a handmade "coupon book" with coupons for a sensual massage, home-cooked dinner of choice, or a romantic movie night. Get creative!

6. Bake something delicious (heart-shaped cookies, cake with red icing), or cook

a cheap dinner that you know your date will like!

7. Write cute love poems on small pieces of paper

8. Make a mix CD of your favorite love songs that remind you of your date.

9. Have an indoor picnic—throw a blanket on the floor, light a couple candles, tell him/her how much you love them, and have a romantic dinner that you will never forget!

10. Make homemade chocolate covered strawberries or pretzels. The time you put into it means more than buying chocolate at the store!



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Letters to the Editor

La Vie Collegienne requires all submissions to contain the author's name, telephone number, address and/or e-mail address. No letters can be considered for publication unless the above criteria are met.

Telephone numbers and addresses will not be printed. Submissions will be strongly considered for publication if they contain the author's rank, major, or professional capacity.

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Letters, columns, and opinion-based articles are not necessarily representative of *La Vie's* opinion or Lebanon Valley College.

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La Vie Collegienne is published every Wednesday of the academic year. Meetings are held Mondays at 5:15 p.m. in our Mund office, activities room #3. We're always looking for new writers!

LVC's Disaster Dates



What is the worst date you ever had?



Julia Dunn '12
Psychology

For some reason, my date thought that it would be a really good idea to drink alcohol in the movie theater. It was really fun until he drove me back to my room and I fell asleep. Hours later, I woke up to texts from him asking where I was. I guess I told him I'd "be right back" and ended up sleeping! He thought that I ditched him. Needless to say, this was my first and last date with him!



Teddy Hermes '12
English/Sociology

On the night of my senior prom I played the "trust game" with my friend on the dance floor. The person did not catch me and I cracked my head open. Rather than go to the after party, my date had to go to the hospital with me where I got ten staples put into my skull!

Compiled by
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Free Valentine's Day Coupons:



SPORTS

SCOREBOARD

Ice Hockey

vs. Temple, 2/4: W 3-2
@ U.S. Naval Academy, 2/5: L 3-5
@ Penn State Berks, 2/6: W 4-3

Women's Basketball

@ Lycoming, 2/2: W 65-39
vs. Widener, 2/5: W 72-63

Men's Basketball

@ Lycoming, 2/2: W 78-70
vs. Widener, 2/5: W 91-77

Men's and Women's Track

@ Widener Field Meet, 2/4
See godutchmen.com for details

ATHLETES OF THE WEEK

LAUREN RUHL BASKETBALL

In the women's hoops game versus Widener on Saturday, Feb. 5, freshman Lauren Ruhl was one of four players to hit double digits in points. Ruhl knocked in 16 for the LVC, leading the team in the 72-63 victory. Liz Borgia '13, Tierney Hiltz '13, and Suzie Noyes '11 also reached, tallying 13, 13 and 12 respectively.



JEROME DUNCAN TRACK & FIELD

Junior Jerome Duncan was named the MAC track and field athlete of the week, his first honor of his career. His performance at the indoor pentathlon at the Widener Field Meet compiled 3,037 points, winning the 55 hurdles and the long jump.



Track and field competes at Widener Field Meet

LAUREN RACHELLE SCOTT '12
SPORTS EDITOR

LVC found success at the Widener Field Meet and was led by Junior Jerome Duncan, who broke the school indoor pentathlon record in his first career attempt at the event. He scored 3,037 points, overcoming LVC's previous record of 2,876 points set in 1998 by Jeremy Snyder. Duncan won the long jump (20-5.75) and the 55-hurdles (7.96), a time which was a ECAC qualifying time.

Senior Andrew Scott won the shot put, throwing 46-8.

In the long jump, freshman Joey Miller won at 21-8.75, marking the freshman fourth all-time at LVC. Caleb Wiley '13 placed third in the event with 21-4 and Erik Brandt '13 placed fifth with his 20-5.25 jump.

Junior Johanna Walker won the 55-meter hurdles with a 8.95 time. In the 800, freshman Jamie-lyn Samper marked 2:39.76 while senior Miranda Klinger followed with 2:42.06, securing first and second places for LVC.

Clearing 9-6.25, sophomore



Photo courtesy of godutchmen.com

Cassandra Wallen placed second in the pole vault.

Freshman Stephanie Monico placed second in the triple jump at 31-2 and the long jump at 14-4.5.

Sophomore Alisha Farrell compiled 2,510 points, finishing third in the women's pentathlon. She ran 2:36.77 in the 800-meter run.

Brandt improved his personal best in the men's triple jump at 42-4.25, placing him in third. He was followed by Wiley (42-2.25),

Miller (41-10.5), and Justin Lee '11 (40-6.25), earning fourth, fifth and sixth respectively.

Miller finished second in the high jump, clearing 5-8.75.

In men's pole vault, Mike Weir '14 finished sixth at 12-11.5, followed by Stephon Dietrich '14 at 10-6.

For more results, see godutchmen.com.

L. SCOTT

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Ice hockey in final stretch

Icers go 2-1 last week, two games remain

KEVIN GARRITY '12
LA VIE STAFF WRITER

After three straight three-game weekends for the men of Dutchmen Ice Hockey, our icers came home with a 19-6 record with two games remaining in the season. Over the weekend, the boys hosted Temple at Hersheypark Arena, where the game was cut a period short due to dangerous ice conditions near center ice. Matt Conroy '12 and Brad Surdam '11 lead the team to a 3-2 win, with Conroy scoring twice.

Saturday, the team headed to Annapolis, Md. to face Navy. The first period ended with Navy leading 2-0, but Kyle Stewardson '12 scored in the second to get the Dutchmen some momentum. Unfortunately, Navy scored twice more, closing the second with a 4-1 lead.

In the third, Tyler Skroski '14 and Matt Kisiday '12 scored in the third to close the gap, but in a last effort LVC pulled Rich Drazin '11



Photo courtesy of godutchmen.com

FINAL WEEKEND 19-6 on the season so far, the Dutchmen play their final home game on Friday, Feb. 11 versus the University of Scranton in Hershey

out of the net to get an extra skater. Navy scored on an open net to end the game 5-3.

On Sunday, the team played their fourth and final game against PSU Berks. What has been a breeze in the past for the Dutchmen proved to be a bit of a struggle this time around, but with

goals from Stewardson, Surdam, Kisiday, and a game winner from Justin Radanovic '14, they pulled off a 4-3 win.

With injuries and sickness slowly taking over the team, the end of the season has proven itself to be harder than expected. The boys will host Scranton for their

last home game on Friday at Hersheypark Arena, and then a final game at Drexel on Saturday. Hope to see you at the game Friday, and good luck to the team for the two remaining games!

K. GARRITY

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Schedule

Wednesday 2/9

Women's Basketball
PINK GAME
vs. Messiah, 6 p.m.

Men's Basketball
vs. Messiah, 8 p.m.

Friday 2/11

Men's and Women's Swimming
@ MAC Championships, 1 p.m.

Ice Hockey
vs. Scranton, 7 p.m.

Saturday 2/12

Men's and Women's Swimming
@ MAC Championships, 1 p.m.

Women's Basketball
@ Albright, 2 p.m.

Men's Basketball
@ Albright, 4 p.m.

Ice Hockey
@ Drexel, 8 p.m.



SPORTS

Women's ball continues to roll

Annual pink game Wednesday, Feb. 9 at 6:00 p.m.

SHERAE JONES '11
LA VIE STAFF WRITER

The Women's Basketball team improved to 20-1 overall and a perfect 10-0 in the Commonwealth Conference after winning two games back to back this past week.

Before their game on Wednesday, Feb. 2, the NCAA released the first women's basketball regional rankings of the season which placed Lebanon Valley College first in the Mid-Atlantic Region, followed by Johns Hopkins, Juniata, Widener, Messiah, and Scranton.

The Dutchmen also ranked 13th in the week's d3hoop.com Top 25 and 10th in the USA Today ESPN Division III Top 25 Coaches' Poll.

Wanting to keep their placements and improve their record,



Photo courtesy of godutchmen.com

the team first traveled to Lycoming College on Feb. 2. The team defeated the Warriors 65-39. Senior Andrea Hoover led the team

in scoring with 12 points, while classmate Suzie Noyes '11 had a double-double with 10 points and 10 rebounds. Freshman

Caitlin Bach added 10 points.

On Saturday, the team hosted Widener University. Despite a very competitive match up

with the Pride, the Dutchmen came out on top with a 72-63 win. Lauren Ruhl '14 led the team with 16 points and five rebounds. Sophomores Liz Borgia and Tierney Hiltz each added 13 points. Senior Suzie Noyes contributed with 12 points, six rebounds and three blocks.

The women will host Messiah College on Wednesday Feb. 9 for their fourth annual Pink Game. The game raises funds and awareness about breast cancer.

The team will then travel to Albright College on Saturday, Feb. 12 for a 2 p.m. tip-off with Albright College in Reading before returning home on Tuesday, Feb. 19th to face Alvernia University at 6 p.m. for their last regular season game and Senior Day.

S. JONES

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Men's hoops to third in Commonwealth Conference

DAN CALLAHAN '14
LA VIE STAFF WRITER

This past week, the Lebanon Valley Men's Basketball Team secured two big wins against conference opponents Lycoming and Widener, moving them to third place in the Commonwealth Conference standings.

On Wednesday, Feb. 2, LVC traveled to Williamsport to face off against the Lycoming Warriors. The Dutchmen led most of the game by as much as 14 points, until Lycoming started making a comeback late in the second half. LVC benefited from the Warrior's missed layups and shots and went on a 7-0 run, and ended up winning the CC match up. Anthony Trautman '11 led the Valley with



Photo courtesy of godutchmen.com

28 points and junior guard Joe Meehan followed him up with 18 of his own.

Lebanon Valley College hosted the Widener Pride on Saturday in the LVC gymnasium. In their last

meeting on Jan. 15, Widener's BJ Smith hit a 65-foot buzzer-beater to win the game for the Pride by a score of 70-71. This time, the Dutchmen used an excellent first half of basketball to take their

big lead all the way to the finish. Shooting 65 percent in the first half put the Valley up 50-30 at the break, and there was no looking back. Widener's deficit was too large to overcome, and Lebanon

Valley went on to win the game 91-77. Trautman once again led LVC in scoring with 29 points (13-19 from the field).

On Monday, it was announced that Trautman was named the CC player of the week, marking his second weekly honor this season. He averaged 28.5 points per game, tallying six threes between the two games. He knocked in 64.9% from the floor.

Both the men and women's teams will play at LVC on Wednesday, Feb. 9 against rival Messiah. The women will suit up in all pink for the fourth annual Pink Game, which supports breast cancer. The women's game begins at 6 p.m., and the men's game will follow at 8 p.m.

D. CALLAHAN

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